

## Percent of Youth Reporting Each of 8 Thriving Indicators – 2004 Data

<b>Thriving Indicator</b>	<b>Definition</b>	<b>% Total Sample</b>
<b>Succeeds in School</b>	Gets mostly As on report card	30
<b>Helps Others</b>	Helps friends or neighbors one or more hours per week	81
<b>Values Diversity</b>	Places high importance on getting to know people of other racial/ethnic groups	58
<b>Maintains Good Health</b>	Pays attention to healthy nutrition and exercise	51
<b>Exhibits Leadership</b>	Has been a leader of a group or organization in the last 12 months	70
<b>Resists Danger</b>	Avoids doing things that are dangerous	16
<b>Delays Gratification</b>	Saves money for something special rather than spending it all right away	41
<b>Overcomes Adversity</b>	Does not give up when things get difficult	72